

# Barebells



## Barebell Chocolate Cookie Dough

Barebells is a Swedish brand known for its proteinbars and functional snacks, offering both dairy-based and plant-based options to support activelifestyles. While some of their products are vegan and gluten-free, most are not keto-friendly, and the company is not women-owned or based in the U.S.



## Vermont Beef Pork Stick Minis – Cracked Pepper

The **Vermont Cracked Pepper Beef & Pork Stick** is a smoky, protein-packed snack crafted from antibiotic-free beef and pork and seasoned with cracked pepper, garlic, and mustard seed for a bold, peppery bite. Slow-cooked and made in small batches, it delivers a satisfying balance of savory flavor and natural smoke without MSG, gluten, or major allergens.



## Solely Mango Jerky

Solely Mango Jerky is a clean, simple fruit snack made from **one whole organic mango and nothing else**, delivering a naturally sweet, chewy texture without added sugar, preservatives, concentrates, or artificial ingredients. Cold-pressed to lock in nutrients and flavor, it offers a pure, portable way to enjoy real fruit on the go.



## Clif Chocolate Chip Bar

The **CLIF Chocolate Chip Bar** is an energy bar made with **organic rolled oats**, plant-based protein, and chocolate chips, crafted to provide sustained fuel for active days. It blends simple and complex carbohydrates for quick and lasting energy, along with 10g of protein and 5g of fiber in each bar. A chewy, cookie-like texture and organically sourced ingredients make it a popular choice for outdoor activities, workouts, or convenient snacking.



## Frigo String Cheese

Frigo Cheese Heads String Cheese is a creamy, fun-to-peel snack made from **low-moisture part-skim mozzarella**, offering 80 calories and 6g of protein per stick. It's individually wrapped for on-the-go convenience and enjoyed as a simple, wholesome dairy snack for both kids and adults.





KETO



VEGAN



GLUTEN-FREE



TREE NUT

### Wonderful Pistachios

Wonderful Pistachios are a crunchy, satisfying snack made from California-grown pistachios, offering plant-based protein, fiber, and healthy fats in each serving. With only pistachios and sea salt as ingredients, they provide a clean, naturally flavorful option that fits easily into keto, vegan, and gluten-free lifestyles.



PEANUT



VEGAN



WOMEN'S HEALTH

### Sweet Nothing Chocolate PB Bites

Sweet Nothings Chocolate Peanut Butter Bites are soft, plant-based superfood snacks made from a chewy outer blend of **organic cacao, dates, oats, and flaxseed** wrapped around a creamy **organic peanut butter** center. With **no added sugar**, no preservatives, and only simple organic ingredients, they offer a clean, wholesome treat that's perfect for on-the-go snacking.



SOY



PEANUT



WHEAT



VEGETARIAN

### Uncrustables PB & Strawberry Sandwich

Smucker's Uncrustables Peanut Butter & Strawberry Jam Sandwiches are soft, crustless frozen sandwiches filled with creamy peanut butter and sweet strawberry jam for an easy, grab-and-go snack. Just thaw and enjoy for a handheld PB&J with 6g of protein and no high-fructose corn syrup.



DAIRY



GLUTEN-FREE



VEGETARIAN

### Babybel Mini Original Cheese

Mini Babybel Mini Cheese is a mild, creamy, bite-sized cheese snack made from **100% real semi-soft cheese** sealed in the brand's signature red wax for freshness. Each individually wrapped wheel provides about **70 calories, 4g of protein, and is a good source of calcium**, making it convenient for lunchboxes, on-the-go snacking, or pairing with crackers and fruit



VEGAN



GLUTEN-FREE



WOMEN'S HEALTH



MINDFULLY CHOSEN

### Siete Sea Salt Tortilla Chips

Siete Grain-Free Tortilla Chips are light, crispy chips made from **cassava flour, avocado oil, coconut flour, chia seeds,** and seasonings for a clean, simple ingredient list. Available in flavors like Sea Salt, Lime, and Nacho, they're **gluten-free, grain-free, dairy-free, soy-free, non-GMO, vegan, and paleo-friendly**, offering a snack that fits a wide range of dietary needs.